

## Minneapolis Department of Health and Family Support

Research Brief - April 2003

# **Near North Community**

**SHAPE 2002** 

#### **Community overview**

Near North is a community that looks quite different from the City of Minneapolis overall. The proportion of residents who are children (42 percent) is almost twice that for the City as a whole. Three of five (59 percent) adult residents in Near North report household incomes below 200% of the poverty level. Additionally, a much higher proportion of residents are populations of color. Many health conditions and access to health care services disproportionately affect populations of color and people living in poverty. The key findings below reflect the impact of poverty and racial disparities on health status.

## **Key findings**

- 53 percent of residents feel secure living in Near North and 55 percent of residents thought they could have a large or moderate impact on their community.
- Tightly-knit neighborhoods can be assets to community building and enhancing the quality
  of life in the Near North community. Efforts to increase resident interaction and
  participation in neighborhood events should be maintained and strengthened.
- Near North residents reported that they were much more likely than City residents as a whole to use a food shelf, worry about food running out or miss a rent or mortgage payment. In fact, Near North residents report these experiences at levels roughly twice the city-wide rate.
- Government programs, as well as community social services help form the safety net to address the needs of residents in economic distress. Recent budget cuts severely threaten this safety net.
- Nearly 1 in 4 residents lacked health insurance at some point in the last year. However, most residents (83 percent) report having a regular place to go for medical care.
- About 15 percent of Near North residents report that they have been diagnosed with depression. However, 45 percent of respondents who wanted mental health care in the last year delayed or failed to get it. This is higher than the City rate of 37 percent, indicating a greater level of unmet need for mental health care in Near North. Lack of insurance coverage and concerns about cost were the most frequently cited reasons for this delay.
- 63 percent of Near North residents are overweight. About 57 percent of residents meet the recommendations for moderate or vigorous exercise. Additional analysis at the City level shows that overweight individuals are less likely to get adequate exercise than those who are not overweight.
- Communities can foster healthier lifestyles by supporting community gardens, farmers' markets, walking clubs and/or walking and biking paths.
- 29 percent of Near North residents are smokers. Smoking is reported in 22 percent of households which include children age six or under. Second-hand smoke poses serious health hazards, especially to young children. Almost twice as many households in Near North have children exposed to secondhand smoke as in the City overall.
- 37 percent of the families with children living in houses built before 1978 are exposed to chipped or peeling paint. Children in these homes are at increased risk of lead exposure. In addition, a significant number of residents did not know when their dwelling was built, indicating they may not be aware of the risks of lead.
- All Minneapolis children under age 6 should be tested for lead.

The Near North Community is located on the northwestern border of the City, and is bounded by the Mississippi River on the east.

The six neighborhoods that make up this community are: Harrison, Hawthorne, Jordan, Near North, Sumner Glenwood, and Willard-Hay. The Near North Community includes portions of Wards 3, 4, and 5.



## **Near North Community**

### U.S. Census Data

1990 Population 35,225 2000 Population 35,976

#### 2000 Population Characteristics

Race/Ethnicity			
American Indian	561		
Asian	5,967		
Black	19,378		
White	6,990		
Multiracial or other	3,080		
Hispanic*	1,843		
*Hispanics may be of any race.			

Percentage who are immigrants 17.1%

Percentage below 200% of poverty 58.8%

Age	
0-17	14,935
18-34	8,823
35-64	10,237
65+	1,981

	Near North Community	•	
	%	%	
Community Engagement	55.0	00.5	For more information about
Can have moderate/large community impact	55.2	60.5	SHAPE 2002, please contact:
Involved in neighborhood or school activities weekly	24.1 57.8	24.6 80.1	·
People can depend on each other Feel secure living here	53.1	81.0	Pat Harrison
Good community to raise kids	53.1	73.1	Research Director
Can get help from others in community	58.1	73.4	040 070 0000
Can get help from others in community	30.1	73.4	612-673-3883
Financial Distress			pat.harrison@ ci.minneapolis.mn.us
Missed rent or mortgage payment in past year	15.5	6.2	CI.IIIIIIIeapolis.IIIII.us
Worried about food running out	22.5	12.1	
Food shelf use	8.7	3.6	
	0.1	0.0	If you need this document in an alternative format, please call: 612-673-2301 or
Healthy Homes for Children <sup>1</sup>	36.6	27.7	TTY 612-673-2157 (General
Child exposed to chipped paint (In homes built before 1978)			City Information).
Child exposed to in-home second-hand smoke	21.8	12.3	
Health Care Access			This brief is available online at:
Uninsured part/all of last year	24.4	17.9	www.ci.minneapolis.mn.us/dhfs
Regular source of care	82.8	84.1	
Delayed or did not get medical care <sup>2</sup>	23.4	17.1	
Delayed or did not get mental health care <sup>2</sup>	44.6	36.6	
Used internet to access health information	24.7	39.8	
			About SHAPE 2002
Health Conditions (Ever been diagnosed)			About OHAI E 2002
High blood pressure	23.4	16.5	The Survey of the Health of
Depression	14.9	14.6	Adults, the Population and the
Diabetes	7.2	5.0	Environment (SHAPE) project
			is a collaborative effort of the Hennepin County Community
Health Screenings			Health Department, the
Met mammogram guidelines (Women age 40+)	60.0	66.4	Minneapolis Department of
Met prostate screening guidelines (Men age 50+)	74.1	79.8	Health and Family Support, and
Cholesterol check in past 5 years	65.2	66.4	the Bloomington Division of
Cholesteror check in past o years	00.2	00.4	Health.
Health Behaviors			SHAPE 2002 interviewed 6,638
Met moderate or vigorous exercise guidelines	56.9	60.5	Minneapolis adults age 18 and
Current smoking	29.4	20.7	over in 2002. Special effort was
Binge drinking in past month	14.1	19.1	made to make possible the analysis of data at the
Overweight	62.6	47.3	community level.
5 · 5 · · · 5 · g · · ·	02.0	0	,

<sup>&</sup>lt;sup>1</sup> Among households with children under age 6. <sup>2</sup> Among those who wanted care. N/A: Not available, sample size too small.